



Open Floor Encounter Fundamental

with Sietske Venema (Netherlands)

October 16-18, 2015, Dublin (Ireland)

Open Floor Encounter Fundamental



Open Floor Encounter is an exhilarating group process containing elements of Gestalt Awareness Practice (GAP), psychodrama, movement and somatic psychotherapy. The essential practice is to make what we feel and think inside, physically visible. Our actions impact others; other's actions effect us. We come to understand the interdependence of being human – there is no such thing as a person having an individual experience.

Within a supportive and challenging environment we create a 'safe emergency' – a situation intense enough to get our attention and supportive enough that we risk moving beyond our habitual patterns. Under these conditions we discover and develop new capacities, insight and growth.

Open Floor Encounter straddles the middle ground between the edgy, pioneer spirit of group 'Encounter' of the 60's, with the sophistication and finesse of more recent psychotherapeutic insights. Artfully graceful, unpredictable and infinitely creative this process calls forth both our maturity and innate wisdom.

Participation by application only. Numbers limited so earlier booking advisable.

Sietske Venema



Venue : Carleton Hall, Shelmartin Avenue Marino, Dublin, Ireland

Date: Friday 16 October to Sunday October 18,

Time: Friday 6pm to 9.30pm Saturday 9.30am to 6pm and Sunday 9.30am to 5 pm.

Cost: € 130,—

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